



Course Number Course Name

NURS 6009 Theory Foundations for Advanced Nursing (Sections I01, I02, I03)

Term: Spring 2023 Course Credits: 3 0

Course Website: Access via Canvas Course Shell at https://ucdenver.instructure.com

Instructor(s): Karen Sousa, RN, PhD, FAAN

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PMHNP-BC, APRN

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Office Hours: | By Appointment: Zoom, phone, or

virtual office. TBD

Class Meeting: Day/Times On-line via Canvas LMS (Learning

Management System) January 23- May 19, 2023

Staff Support

CON.FacultyAffairs@ucdenver.edu

Course Overview

Welcome

Welcome to the course. During this semester we explore the history of nursing science and nursing theory and discuss how they are connected and interact as foundations for nursing practice. We explore theories of nursing: grand theories, middle-range, and practice theories. We integrate new knowledge about nursing theory and ways of knowing into our practice. Through reflection and discussions, you will develop a beginning philosophy for nursing by identifying theoretical nursing concepts that align with you to serve as guides/benchmarks for your practice. There is much to learn in this class. Take advantage of this special time to read, reflect, learn more about yourself as a professional nurse, and your nursing practice. Enjoy the journey we embark on together!

University Course Catalog Description

The course provides an introduction to nursing's philosophical, ethical, and theoretical frameworks as guides for practice. Nursing theories, grand, middle-range, and ways of knowing, will be analyzed. Students will develop a beginning model for practice based on their nursing philosophy.





Course Overview

Theory Foundations for Advanced Nursing (NURS 6009) will introduce learners to nursing theory and provide a vehicle for the review of nursing history. While exploring grand theories, middle range theories, and multiple ways of knowing, learners will make connections between nursing theory and nursing practice. Learners will also work towards developing a personal nursing philosophy for practice.

Content Outline

- I. Introduction to Nursing Theory/History
- II. Grand Theory
- III. Ways of Knowing
- IV. Introduction to Middle-Range Theory
- V. Discovering Individual Perspectives on Theory
- VI. The Value of Different Perspectives on Nursing Theory
- VII. Integrating Theories into Practice
- VIII. Defining a Personal Philosophy for Practice

Course Outcomes

By the end of participation in this course, students will be able to:

- 1. Analyze issues related to the historical and contemporary development of nursing knowledge that contributed to the development of the professional discipline.
- 2. Develop a philosophy that guides one's own nursing practice.
- 3. Evaluate theories in nursing and other disciplines for their potential to improve nursing practice and care.
- 4. Apply the process of implementing theory-guided models of care in a practice setting.
- 5. Implement the empathic and caring nature of nursing practice in light of the transformational course experience.

Course Prerequisites

Acceptance to a current master's nursing program or to the BS-DNP Program





Required Texts and Materials

Books:

American Psychological Association. (2019). *Publication manual of the American Psychological Association*. (7thed). Washington, D.C.: APA ISBN-13: 978-1433832178

NOTE:

Organize all submitted written course assignments using APA writing style, the primary style for professional writing in nursing. Professional writing is a skill that requires ongoing attention and development. Use of the writing center resource at CU Denver (see navigation area in Canvas), and the "How to Guides" within the "resources" tab in particular, support the development of your professional writing skills.

Smith, M. C. (2020). Nursing theorists & nursing practice (5th ed.). Philadelphia, PA: F. A. Davis.

Smith, M. J., & Liehr, P. R. (2018). *Middle range theory for nursing*. (4th ed.). New York: Springer Publishing CO.

Learning Materials:

To be successful in this course, you need access to a persistent internet connection and access to an updated computer (webcam, microphone, current version of internet browser); if you have questions or need technical assistance with Canvas, contact the 24/7 Canvas support line at 855.631.2250, or click Help!

Supplementary (optional) Texts and Materials

Recommended Texts:

Alligood, M.R. (2014). Nursing Theory: *Utilization & application*. (5th ed.). St. Louis: Elsevier/ Mosby.

Chinn, P.L., Kramer, M.K., & Sitzman, K. (2021). *Knowledge development in nursing: Theory & process.* St. Louis:

Elsevier/Mosby.

Reed. P.G. & Crawford Shearer, N. B. (2011). *Perspectives on nursing theory*. 6th ed. Philadelphia: Wolters Kluwer/Lippincott, Williams, and Wilkins.

Course Schedule (refer to Canvas for most updated schedule)

| Date: | Topic: | Required Reading: | Assignment(s) Due dates are found in CANVAS Course |
|-------------------|--|--------------------------------------|---|
| Week 1 1/22/23 | Intro to Nursing Theory | Please see Canvas | Video Introduction |
| Week 2 1/30/23 | Nursing Theory and History of Theory I | modules for assigned weekly readings | Word Cloud Reflection & sharing via Posting Discussion #1 |





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Evaluation

Assignments

Videos: Students will complete two-3 to 4-minute video assignments for this course. The first is due in week 1 and the second in week 16.

- Week 1 Video—share past work in nursing theory, theorist of interest, and what one wants to learn from the course. Video is required but will not be graded.
- Week 16 Video—share what was learned in the course and where use of your personal philosophy/theory model will go in the future. Video is required but not graded.

Online Discussions: Online posting discussions to discuss the content of the week will occur in 5 designated weeks during the course and constitute 2 parts: a) an initial individual response by Wednesday to specific discussion prompts, and b) a focused response by Friday to peer postings on the week's topic. See course schedule or basis for final grade (below).

Discussion participation though posting is a part of your course grade. Think of posting your messages in the "Discussion Board" as participating in a regular classroom setting. You will be expected to respond to experiences and share your informed opinion about discussion topics. It is expected that a posting will include substantive, objective information with at least one reference in APA style. If you enter the discussion after others have responded, please do not repeat what has already been addressed. Use this opportunity to interject information from the readings, summarize, or identify common themes that seem to prevail, or attempt to identify a critical point that no one has discussed. It is also acceptable to pose new related questions or counter prevailing opinions. Posting discussions will occur in Weeks 2, 5, 6, 9 and 12.

Grand Theory Group Presentations: Week 5 or 6.

Zoom or 'live' course discussions: Zoom 'live' discussions will occur during four weeks: Week 3; Week 7; Week 10, and Week 12. Faculty will consult with students as to dates/times for the discussions. No written discussion is necessary for those weeks.

Final Paper:

Formal written paper (approximately 1,500 words) that discusses one's own theory-based nursing philosophy and includes theoretical concepts from nursing theories reviewed in the course that relate to your personal philosophy and include your plans for how this new personal "worldview" will be used in your nursing practice as a MS/DNP prepared nurse. Includes diagram of your nursing philosophy within a Ladder of Abstraction.

Stress & Resilience in Nursing; Awareness then Choice

This course addresses the predictable nature of stress impact in nursing, with tangible tools for early recognition and mitigation of depletion & mission stress. Students will have the opportunity to learn about the stress continuum, and practically apply custom approaches to support health and longevity in nursing school and beyond.

This module is a compliment and requirement of this course. You will receive a passing grade upon completion of both the module and support group have been completed. If you do not complete both components of the offering, then you will receive an Incomplete in this course.

Below is the link for self-enrollment in the module.





URL:https://ucdenver.instructure.com/enroll/8B6WWW

Here is the link for the sign up, for your support group. You will attend one, 1-hour virtual support group during this course.

https://www.signupgenius.com/go/508084CAFAD2FA2FB6-tools

After your completion of the module and the support group you will receive a certificate of completion. Course faculty will be receiving confirmation of your progress and completion for this assignment.

Questions or issues with access or scheduling can be forwarded to the coordinator Laurra Aagaard, Laurra.Aagaard@cuanschuz.edu

Basis for Final Grade

| Assignment: | Possible Points: | Percent of Final Grade: | |
|----------------------------------|------------------|-------------------------|--|
| Online 'Posting' Discussions; | 25 | 20 | |
| Weeks; 2, 5, 6, & 9 (5 points | | | |
| each online discussion) | | | |
| 'Zoom 'live' Discussions; | 30 | 35 | |
| Weeks 3, 7, 10, and 12 (10 | | | |
| points each, except 5 points for | | | |
| week 12) | | | |
| Grand Theory Group | 20 | 20 | |
| Presentation | | | |
| Final Paper | 25 | 25 | |
| 0(0.5); | D/E | | |
| Stress & Resilience in Nursing; | P/F | | |
| Awareness then Choice | | | |
| Total | 100 | 100 | |
| | | | |

Grading Scale

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|--------------|---------|-----------|
| Letter | Points: | Percent: |
| Grade: | | |
| Α | | 94 – 100% |
| A- | | 90 – 93% |
| B+ | | 87 – 89% |
| В | | 84 – 86% |
| B- | | 80 – 83% |
| C+ | | 77 – 79% |
| С | | 74 – 76% |
| C- | | 70 – 73% |
| D+ | | 67 – 69% |
| D | | 64 – 66% |

XIII. Grade Dissemination

Assignments in this course will be returned via the course's on-line course shell, Canvas. You can access your scores at any time within the Canvas grade book.

CU Denver utilizes web grading which is accessed through UCD Access. All web grading information can be found at https://passport.ucdenver.edu/login.php





| D- 60 – 63% |
|-------------|
| F 0 – 59% |

Policies

Please refer to the University of Colorado, College of Nursing student handbook for detailed information about college policies and expectations.

Handbooks are located at: https://nursing.cuanschutz.edu/student-life/student-handbooks

Course Procedures

I. Course Policies: Grades

a. Rounding of Final Course Grades

i. Final Course letter grades are calculated and submitted to the registrar based on whole numbers. A minimum standard of rounding in all courses is necessary to provide consistency and transparency to students. Only the final course grade that represents the completion of all coursework will be used for rounding purposes. The calculated final course grade will be rounded using the number in the tenth position after the decimal of the final grade calculations. Final course grades of 0.5 and higher will be rounded up to the next whole number. When the number at the tenth decimal place is less than 0.5 the grade is rounded down to the next whole number. For example, a final course grade of 87.52% will be rounded up to 88%. A final course grade of 87.49% will result in a final grade of 87%.

b. Attendance Policy:

- i. Class attendance and participation is a professional expectation.
 - **1.** Take responsibility for keeping up with the readings and assignments for each scheduled class or content area.
 - 2. Class participation and completion of all learning activities is required for successful completion of this course.
 - 3. Participate in discussions (in class or online) to define, interpret, summarize, give examples, make conclusions, etc. about the concepts discussed and about what your classmates have discussed.

UC Denver Student Attendance and Absences Policy:

http://www.ucdenver.edu/faculty_staff/employees/policies/Policies%20Library/7XXX%20Student%20Affairs/7030%20-%20Student%20Attendance%20and%20Absences.pdf

c. Late Work Policy:

i. Due dates for assignments are clearly posted on the syllabus. It is your responsibility to submit these assignments on time and according to their defined critical elements. Late assignments turned in after a posted deadline will not be graded and the student will receive a zero for that assignment unless **previous** arrangements have been made with the instructor.





d. Late work is defined as:

i. Required work, i.e., assignments, discussion postings, zoom discussions, et cetera, being submitted after the due date, and/or not turned in constitute late work. Plan to follow the course Late Work Policy.

e. The consequence for late assignments is:

i. Loss of course points related to the late assignment unless the Late Work Policy was followed.

f. Extra Credit Policy:

i. Extra credit is not possible in this course.

g. Grades of Incomplete Policy:

i. Current university policy concerning incomplete grades will be followed in this course. Incomplete grades are given only in situations where unexpected emergencies prevent a student from completing the course and the remaining work can be completed the next semester. Your instructor is the final authority on whether you qualify for an incomplete. Incomplete work must be finished by the end of the subsequent semester or the "I" will automatically be recorded as an "F" on your transcript.

h. Group Work Policy:

i. There is one group project in the course, a Grand Theory Presentation. All students in a presentation group will receive the same grade as an equivalent amount of work is to be done by all group members for the presentation. See the grading rubric for the Grand Theory Presentation in the Canvas Online Course.

i. Course Policies: Technology

a. E-Mail Policy:

i. Students and faculty must use University of Colorado assigned email addresses or Canvas for all email correspondence. The College of Nursing has the right to send communications to students via e-mail and the right to expect that those communications will be received and read in a timely fashion. Not reading e-mail does not absolve a student from the responsibilities associated with communication sent to his or her official e-mail address.

CU CON Online Communication Policy:

https://www1.ucdenver.edu/docs/librariesprovider2/student-resources/student-handbooks/all-student-handbooks.pdf#page=27

b. Canvas Policy:

 Canvas will be the primary tool used to access class notes, announcements and track your grade for this course. It is your responsibility to access Canvas frequently for announcements and





class materials, as well as information about your clinical assignments. Any questions about access or utilities on Canvas should first be directed to Canvas help site.

c. Laptop and Mobile Device Usage Policy:

i. Laptops are allowed in class during all class lectures but must be turned off and stored during exams. Turn off or mute cell phones and pagers during class time. NO cell phone conversations or text messaging is permitted during class or exam time.

d. Classroom Devices Policy:

i. A basic calculator for medication calculation exercises is allowed in class and during examinations. Please ask the specific lecturers regarding recording of their lectures.

e. Classroom Response Clickers:

i. Responseware technology will be used throughout the course for interactive participation in class.

j. Course Policies: Student Expectations

Students are expected to attend all class sessions and are responsible for all content and class work assigned and/or covered in class or online.

 CU CON Policy Statement Professional Role Behaviors: https://www1.ucdenver.edu/docs/librariesprovider2/student-resources/student-handbooks/all-student-handbook.pdf#page=18

a. Professional Role Behavior and Honor Code:

i. Students are expected to engage in conduct that a) is consistent with designated policies and procedures of the course and college and b) demonstrates professional behaviors. Students are expected to have read and abide by the CU-CON Policy Statement for Professional Role Behaviors and the Student Honor and Conduct code: "The health professions are based on a high degree of trust by the individuals they serve. Students entering the health professions have a particular obligation, therefore, to conduct themselves at all times in a manner that reflects honesty, integrity and respect for others" (Student Handbook).

b. Graduate Program Policies and Procedures:

i. Please refer to the Student Handbook, which can be found online at the main College of Nursing webpage.

https://nursing.cuanschutz.edu/student-life/student-handbooks





c. Students Called for Military Duty:

i. Please contact the course coordinator if you are called for military duty. Plans will be made according to the length of military service and class or clinical time missed.

d. Course Ethics:

- i. Merriam-Webster's online dictionary (2005) defines plagiarizing as: To steal and pass off (the ideas or words of another) as one's own: use (another's production) without crediting the source...to commit literary theft: present as new and original an idea or product derived from an existing source. (Merriam-Webster's Online Dictionary, http://www.m-w.com, accessed 08/26/07).
- ii. The CU College of Nursing Student Honor and Conduct Code policy requires that course professors and fellow students who suspect plagiarism or other violations of the honor code must immediately report the incident to the Student Honor and Conduct Committee. This committee evaluates the situation and determines the appropriate consequences. Potential consequences include termination of the student's enrollment in the College of Nursing. If you are caught violating the honor code, faculty will recommend your dismissal to this committee and to the Dean.
- iii. Your personal integrity is something that takes you a lifetime to build, but only seconds to destroy. Faculty will expect that all work submitted by you is authentic; and that all online testing answers are your individual work, without any assistance from any other person, the Internet, or any other sources, unless I have stipulated that you may use a specific source to complete the assignment.

e. Professional Behavior:

- ii. The expected outcomes of the student's ability to conduct oneself in a professional manner, and to lead and to engage in effective group interaction will be demonstrated by the student's professional behaviors in the classroom and to their peers. Successful achievement of these outcomes is based on the following critical elements: The student will:
 - 1. Adhere to the CON Guidelines for Professional Role Behaviors and the UCD Student Honor and Conduct Code.
 - **2.** Be considerate of your classmates and faculty and help promote an effective learning atmosphere.
 - 3. Communicate to faculty and peers in a professional and respectful manner at all times
 - **4.** Email: Professional communication is expected in all emails sent to faculty or other students. Use of professional titles, appropriate subject lines, and proper written communication structure.
 - **5.** Turn off or mute pagers and cell phones during class time. NO cell phone conversations or text messaging is permitted during class or exam time.





- **6.** Take responsibility for keeping up with the readings and assignments for each scheduled class or content area.
- 7. Class participation and completion of all learning activities is required for successful completion of this course. Participate in discussions (in class or online) to define, interpret, summarize, give examples, make conclusions, etc. about the concepts discussed and about what your other classmates have discussed.
- **8.** Children are not allowed in classrooms. Students must find alternative childcare during class time.
- <u>Professional Behavior:</u> refer to the CU CON Policy Statement Professional Role Behaviors: https://www1.ucdenver.edu/docs/librariesprovider2/student-resources/student-handbooks/all-student-handbook.pdf#page=18
- CU CON Children in the Workplace and/or Classroom Policy: https://www1.ucdenver.edu/docs/librariesprovider2/student-resources/student-handbooks/all-student-handbook.pdf#page=33

f. Civility:

i. Our commitment is to create a climate for learning characterized by respect for each other and the contributions each person makes to class. We ask that you make a similar commitment.

g. Inclement Weather Policy:

 $\underline{\text{http://www.ucdenver.edu/anschutz/studentresources/student-}}\\ \underline{\text{assistance/organizations/senate/Documents/Inclement\%20Weather\%20Procedure-1.pdf}}$

UC Denver Emergency Weather: (877) 463-6070 or www.ucdenver.edu/alert

CU CON Inclement Weather Policy (refer to the policy for Anschutz, AMC and South): https://www1.ucdenver.edu/docs/librariesprovider2/student-resources/student-handbooks/all-student-handbook.pdf#page=34

h. Campus Assessment, Response & Evaluation (CARE):

i. The purpose of the team is to assess whether individuals pose a risk to themselves or others and to intervene when necessary and, more generally, to identify and provide assistance to those in need. The team takes a preventive approach to risk assessment by offering resources, referrals, and support to both the concerning individual and those impacted by their behavior. Additional information regarding this resource may be found at:

http://www.ucdenver.edu/life/services/CARE/Pages/default.aspx





i. Writing Center:

 Writing assistance is available through the Writing Center. Additional information regarding this resource may be accessed at: https://clas.ucdenver.edu/writing-center/locations/writing-center-cu-anschutz

j. Religious Observances:

i. The University of Colorado Denver, Anschutz Medical Campus has a legal obligation to accommodate students who must be absent from an educational activity in order to observe religious holidays or other observances. Students should speak to the faculty member to request accommodations for religious observances in advance during the first week of class. Requests received by faculty must be kept confidential and should be considered unless they create an undue hardship. If the student and faculty member cannot agree on an accommodation, the matter should be referred to the Assistant Dean for Graduate Programs for resolution.

University Policies

University Policies

I. Access

- I. Disability Access: the University of Colorado Anschutz Medical Campus is committed to providing equitable access to our programs for students with disabilities (e.g., psychological, attentional, learning, chronic health, sensory, and physical).
 - a. To engage in a confidential conversation about the process for requesting reasonable accommodations in the classroom and clinical settings please contact **The Office of Disability, Access, and Inclusion** at: disabilityaccess@cuanschutz.edu or begin the process via the website: https://www.cuanschutz.edu/offices/office-of-disability-access-and-inclusion. Accommodations are not provided retroactively, therefore, students are encouraged to begin this process early.

II. Nondiscrimination and Sexual Misconduct:

I. The University of Colorado Denver is committed to maintaining a positive learning, working and living environment. University policy and Title IX prohibit discrimination on the basis of race, color, national origin, sex, age, disability, pregnancy, creed, religion, sexual orientation, veteran status, gender identity, gender expression, political philosophy or political affiliation in admission and access to, and treatment and employment in, its educational programs and activities. University policy prohibits sexual misconduct, including harassment, domestic and dating violence, sexual assault, stalking, or related retaliation.





Title IX requires the university to designate a Title IX Coordinator to monitor and oversee overall Title IX compliance. The University Title IX Coordinator is available to explain and discuss: your right to file a criminal complaint; the university's complaint process, including the investigation process; how confidentiality is handled; available resources, both on and off campus; and other related matters. Students may report allegations of discrimination or harassment through the Office of Equity: https://equity.ucdenver.edu/.

III. Academic Honesty

I. Student Code of Conduct:

- **a.** Students are expected to know, understand, and comply with the ethical standards of the university, including rules against plagiarism, cheating, fabrication and falsification, multiple submissions, misuse of academic materials, and complicity in academic dishonesty.
- **b.** For suggestions on ways to avoid academic dishonesty, please see the Academic Honesty Handbook at http://www.ucdenver.edu/faculty_staff/faculty/center-for-faculty-development/Documents/academic honesty.pdf

II. Plagiarism

a. is the use of another person's ideas or words without acknowledgement. The incorporation of another person's work into yours requires appropriate identification and acknowledgement. Examples of plagiarism when the source is not noted include: word- for-word copying of another person's ideas or words; the "mosaic" (interspersing your own words here and there while, in essence, copying another's work); the paraphrase (the rewriting of another's work, while still using their basic ideas or theories); fabrication (inventing or counterfeiting sources); submission of another's work as your own; and neglecting quotation marks when including direct quotes, even on material that is otherwise acknowledge.

III. Cheating

a. involves the possession, communication or use of information, materials, notes, study aids, or other devices and rubrics not specifically authorized by the course instructor in any academic exercise, or unauthorized communication with any other person during an academic exercise. Examples of cheating include: copying from another's work or receiving unauthorized assistance from another; using a calculator, computer, or the internet when its use has been precluded; collaborating with another or others without the consent of the instructor; submitting another's work as one's own.

IV. Fabrication

 a. involves inventing or counterfeiting information - creating results not properly obtained through study or laboratory experiment. Falsification involves deliberate alteration or changing of results to suit one's needs in an experiment or academic exercise.

V. Multiple submissions

a. involves submitting academic work in a current course when academic credit for the work was previously earned in another course, when such submission is made without the current course instructor's authorization.

VI. Misuse of academic materials

a. includes: theft/destruction of library or reference materials or computer programs; theft/destruction of another student's notes or materials; unauthorized possession of another





student's notes or materials; theft/destruction of examinations, papers, or assignments; unauthorized assistance in locating/using sources of information when forbidden or not authorized by the instructor; unauthorized possession, disposition, or use of examinations or answer keys; unauthorized alteration, forgery, fabrication, or falsification of academic records; unauthorized sale or purchase of examinations, papers, or assignments.

VII. Complicity in academic dishonesty

a. involves knowingly contributing to or cooperating with another's act(s) of academic dishonesty.

Important Dates to Remember

The College of Nursing academic calendar is available at https://nursing.cuanschutz.edu/student-life/academic-calendar-and-resources

Syllabus updated 1/10/22 by P.M. Nodine.